



Consolidated Appropriations Act of 2021 – Important Provisions and Effective Dates

The Consolidated Appropriations Act of 2021 (CAA) was signed into law in December 2020 and contains important provisions related to health plan transparency, applicable to health plans and insurers, including the No Surprises Act.

Plan sponsors are advised to review the CAA important provisions and effective dates that are outlined in the reference chart below for application to their health plans. Until the relevant federal agencies issue further rules or guidance related to these CAA provisions, group health plans and insurers are expected to comply with the CAA provisions using a good faith, reasonable interpretation of the law.

Please reach out to your Risk Strategies account team with any additional questions.

CAA Provision	Description	Applicable To	Effective Date	Notes
Plan ID Cards	<p>Plans are required to include the following plan-related information on any physical or electronic plan ID card:</p> <ol style="list-style-type: none"> 1. Deductible 2. Out-of-Pocket (OOP) maximums 3. Consumer assistance information including a phone number and website 	Group health plans and health insurers	Plan years beginning on or after January 1, 2022	
No Surprises Act – Emergency Services	<p>Plan participants cannot be charged more than the in-network cost-sharing amount (deductibles, copayments, coinsurance) for the following out-of-network services:</p> <ol style="list-style-type: none"> 1. Most emergency services, including ancillary services and post-stabilization services. 2. Non-emergency services, such as anesthesiology or radiology, provided by out-of-network providers when received at an in-network facility. 3. Air ambulance services 	Group health plans and health insurers	Plan years beginning on or after January 1, 2022	Prohibits “balance billing” by providers and facilities



CAA Provision	Description	Applicable To	Effective Date	Notes
No Surprises Act – Independent Dispute Resolution	New binding arbitration process, which is an independent dispute resolution (IDR) process involving a neutral third-party that settles out-of-network service cost disputes between the provider and the health plan.	Group health plans and health insurers	Plan years beginning on or after January 1, 2022	The plan participant is not involved in the IDR process and is only responsible for the in-network cost-sharing amount regardless of the final IDR reimbursement amount. NOTE: On February 23, 2022, a federal district court in Texas invalidated certain portions of the IDR process under the No Surprises Act. The DOL issued a subsequent memo on February 28, 2022, confirming that these invalidated portions of the IDR process are being withdrawn at this time.
Group Health Plan Transparency Rule	Plans are required to disclose online publicly the following information using machine-readable files: 1. In-network rates 2. Out-of-network allowed amounts	Non-grandfathered health plans and health insurers	Enforcement delayed until July 1, 2022	Does not apply to grandfathered plans, account-based plans (FSAs, HRAs), excepted benefits (dental and vision plans), short-term limited duration medical insurance or retiree-only plans
Group Health Plan Transparency Rule - Rx	Plans are required to disclose online prescription drug negotiated rates using machine-readable files	Non-grandfathered health plans and health insurers	Enforcement deferred until future rules are promulgated	Does not apply to grandfathered plans, account-based plans (FSAs, HRAs), excepted benefits (dental and vision plans), short-term limited duration medical insurance or retiree-only plans
Group Health Plan Transparency Rule – Disclosures to Plan Participants	Plans are required to provide accurate cost-sharing and rate information upon request by a plan participants. This information will be accessed by plan participants from a searchable, internet-based self-service tool.	Non-grandfathered health plans and health insurers	Plan years beginning on or after January 1, 2023 for 500 items/services Plan years beginning on or after January 1, 2024 for all items/services	Does not apply to grandfathered plans, account-based plans (FSAs, HRAs), excepted benefits (dental and vision plans), short-term limited duration medical insurance or retiree-only plans
Provider Fee Estimate	When a patient schedules a service/procedure, providers and facilities are required to provide a	Healthcare providers and facilities	Enforcement deferred until future rules are promulgated	



CAA Provision	Description	Applicable To	Effective Date	Notes
	notification to the plan or individual with the good faith estimate of the expected charges for providing the service/procedure with the expected billing and diagnostic codes.			
Advanced Explanation of Benefits (EOB)	<p>Upon receipt of estimated charges from a provider/facility, plans must provide the participant with an advanced EOB containing:</p> <ol style="list-style-type: none"> 1. rate information 2. cost-sharing details 3. network status of the provider/facility. 4. Disclaimer language indicating if the coverage is subject to medical management techniques. 	Group health plans and health insurers	Enforcement deferred until future rules are promulgated	
Notice of Continuity of Care	Plan participants who qualify as “continuing care” patients must be notified of their right to continue to receive care after termination of a provider/facility contract for up to 90 days as if they were still covered by the plan on an in-network basis.	Group health plans and health insurers	Plan years beginning on or after January 1, 2022	<p>Continuity of care protections apply to patients who are already receiving care or treatment from the provider/facility for any of the following:</p> <ol style="list-style-type: none"> 1. serious and complex condition 2. institutional or inpatient care 3. scheduled for non-elective surgery 4. pregnant 5. terminally ill
Price Comparison Tool	Plans/insurers are required to offer a price comparison tool on their public website that allows a plan participant to compare the amount of cost-sharing that the participant would be responsible for paying for items/services by an in-network provider, by geographic region.	Group health plans and health insurers	Plan years beginning on or after January 1, 2023	
Provider Directory	Plans must verify that their in-network provider directories are accurate and updated every 90 days. If a plan participant	Group health plans and health insurers	Plan years beginning on or after January 1, 2022	Plans/insurers must also respond to participant requests regarding a provider’s network status within one



CAA Provision	Description	Applicable To	Effective Date	Notes
	relied on inaccurate provider network status information from the plan/insurer when receiving services from an out-of-network provider/facility, the plan is required to apply in-network cost-sharing amounts along with the in-network deductible and out-of-pocket maximum in those instances.			business day of the request and establish a database of in-network providers.
Prohibition on Gag Clauses	Prohibits health plans/insurers from entering into certain agreements, particularly those involving a provider network, that impose certain restrictions on the plan's access and ability to share information about the cost and quality of care. Requires annual attestation of compliance.	Group health plans and health insurers	December 27, 2020	Attestation requirements to begin in 2022 and guidance is expected.
Mental Health Parity and Addiction Equity Act (MHPAEA) Analysis	Plans/insurers are required to complete a comparative analysis of the plan's nonquantitative treatment limitation (NQTL) design, application and rules, and provide to the DOL or HHS upon request	Plans subject to MHPAEA	February 10, 2021	
Prescription Drug Costs Reporting	Plans must disclose prescription drug cost information to the federal government.	Group health plans and health insurers	Delayed until December 27, 2022	

The contents of this document are for general informational purposes only and Risk Strategies Company makes no representation or warranty of any kind, express or implied, regarding the accuracy or completeness of any information contained herein. Any recommendations contained herein are intended to provide insight based on currently available information for consideration and should be vetted against applicable legal and business needs before application to your organization.